

Making a Move – Overcoming Your Loved One’s Objections

The thought of moving can be overwhelming for anyone, but is even more so for seniors. My experience has been that most seniors don't object to actually living somewhere else as much as they may feel overwhelmed by the moving process itself and the magnitude of the decisions that have to be made in a short time span.

This thought process often leads more seniors to hold off making a decision until there is a life event, such as a medical crisis or the loss of a spouse or family caregiver.

There are several indicators of when a move should happen:

- 1. Caregiver Stress:** When the care needs of the client exceed the abilities of the caregiver: Sometimes the physical assistance, geographical issues, and time constraints simply aren't doable.
- 2. Social Isolation:** When a client is no longer able to safely drive, has physical mobility issues, loses a spouse, etc..., the ability to interact with peers diminishes radically. This is a leading cause of depression, nutritional decline, and unhealthy weight loss.
- 3. Can't afford the cost of in-home care:** companion care-giving costs about \$15-20 per hour, and LPN's / RN's can range upwards from \$25-30 per hour. Home care can be cost prohibitive versus considering assisted living options, which are typically half the cost of 24/7 homecare.
- 4. Resistance to in-home care:** Some clients are so fearful of allowing anyone in their home, or may be too regimented or controlling for in-home care to work. Most older adults find that they lack privacy by having a caregiver in their personal space around the clock.
- 5. Maintenance of the home becomes too overwhelming:** this becomes obvious in older homes as they yard, plumbing, electrical, roofs, etc... decline.
- 6. Safety Issues:** clients with memory loss or dementia can simply become too much of a safety risk to manage at home. This shows up in areas of what is commonly referred to as "The 3 M's": mishaps with money issues, medication management (under or over medicating), and meal preparation (can't or won't prepare meals anymore).

Assisted Living allows your loved ones supportive services that enable them to manage on their own, better and longer, than what might be possible in their own homes. Our philosophy for "living with assistance" fosters a balance of privacy, security, independence and the ease of having access to personalized services, if needed. We believe that residents should have privacy without loneliness, assistance without developing dependence, and security without removing a gracious and home-like setting. Studies have shown that people who live among other active people live longer and happier lives. Take an opportunity to experience all we have to offer by touring with us! Call Roxana Laguerre at 410-749-4480 for a tour today.